

Full-length article

Neocartilage formation from predifferentiated human adipose derived stem cells *in vivo*¹Xiao-bing JIN², Yong-sheng SUN², Ke ZHANG², Jing WANG³, Xiao-dong JU², Si-quan LOU^{2,4}²Department of Orthopedics, Peking University, Third Hospital, Beijing 100083, China; ³Department of Dentistry, College of Stomatology, Fourth Military Medical University, Xi'an 710032, China**Key words**

human adipose derived stem cell (hASC); human transforming growth factor beta2 (hTGF beta2); cartilage; tissue engineering; alginate

¹ Project supported by a grant from the National Natural Science Foundation of China (No 30371431, 30500254).⁴ Correspondence to Prof Si-quan LOU.
Phn 86-10-6201-7691-8268.
Fax 86-10-6201-7700.
E-mail jxbpkud@sohu.com

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Abstract

Aim: To examine the chondrogenic potential of human adipose derived stem cells (hASC) induced by human transforming growth factor beta2 (hTGF beta2) *in vitro*, and to investigate if predifferentiated hASC can produce neocartilage *in vivo*. **Methods:** hASC were isolated from subcutaneous adipose tissue and cultured in pellets with the addition of hTGF beta2. Chondrogenic differentiation was assayed by RT-PCR, Western blotting, toluidine blue staining, and immunohistochemistry staining for collagen type II. For the *in vivo* study, intact induced cell pellets or the released cells embedded in alginate gel with different concentrations were implanted subcutaneously in nude mice. Specimens were harvested at different time points and carried with histological and immunohistochemistry examination to evaluate the cartilage formation. **Results:** RT-PCR analysis revealed that hASC produced aggrecan and collagen type II after 7 d of induction and continued throughout the culture period. This was also demonstrated by the Western blot analysis, positive staining of toluidine blue, and immunohistochemistry for collagen type II. After reseeding in the monolayer, the cells isolated from the pellets displayed a polygonal morphology compared with the primary spindle shape. hASC were released from the induced cell pellets when embedded in alginate gel (implanted cell concentration=5×10⁶/mL or higher). They produced neocartilage after 12 weeks *in vivo* culture; however, intact induced cell pellets implanted subcutaneously rapidly lost their differentiated phenotype. **Conclusion:** Chondrogenesis of hASC *in vitro* can be induced by combining pellet culture and hTGF beta2 treatment. Predifferentiated hASC embedded in alginate gel have the ability of producing neocartilage *in vivo*.

Introduction

As defects of hyaline cartilage have been known to have poor capacity of healing spontaneously, current treatments do not result in complete regeneration of the original hyaline architecture^[1–3]. Use of the tissue engineering technique could be a promising way of regenerating the articular lesions. This technique combines isolated cells, biomaterials, and environmental factors in order to produce new cartilage tissue with the typical characteristics of hyaline cartilage. As far as the choice of seeding cells is concerned, autologous cells are generally preferred to avoid the immunological

rejection. Autologous cultured chondrocytes transplantation has been used in treatment of osteochondral defects^[4,5]; however, the technique was restricted clinically because the procurement of many chondrocytes caused harm to the healthy cartilage. Long time culture for expansion *in vitro* will induce chondrocyte dedifferentiation^[6]. As an alternative to chondrocytes, many researches have focused on bone marrow-derived mesenchymal stem cells (MSC) as a source of chondrogenic cells for cartilage repair^[7–10]. Unfortunately, MSC also have problems, such as donor site morbidity, lower cell numbers, and limited differentiation potential as the age of the donor increases^[11].

Recent studies have shown that human adipose tissue contain multipotential cells, termed processed lipoaspirate or human adipose derived stem cells (hASC)^[12]. Isolation of single hASC cell populations (clones) illustrates that they have at least a trilineage potential to form bone, cartilage, and fat. Immunofluorescence and flow cytometry analysis demonstrated that these cells are similar to MSC, but have distinct differences^[13]. Adipose tissue is easily obtained with relatively little discomfort, carrying a lower donor-site morbidity and is available in larger numbers^[14,15]. Therefore, it seems that stem cells from adipose tissue can be a feasible choice as the seeding cells in constructing tissue engineered cartilage.

Cytokines that belong to the transforming growth factor (TGF) beta superfamily are thought to play important roles in the chondrogenic differentiation of stem cells. Although data is plentiful on the contribution of TGF beta1 to hASC chondrogenesis^[12,13,16–18], reports on the role of TGF beta2 and its expression in these cells are scarce. Previous experimental results have strongly suggested that TGF beta2 was involved in chondrogenesis^[19–22]. In the present study, we sought to demonstrate the chondrogenesis of hASC induced by human TGF (hTGF) beta2 both *in vitro* and *in vivo*.

The goals of our study are (i) to investigate whether chondrogenesis of hASC can be obtained by combining pellet culture and hTGF beta2 treatment *in vitro*; and (ii) to determine whether the differentiated hASC can maintain the chondrogenic phenotype and produce neocartilage *in vivo*.

Materials and methods

Harvest of hASC After informed consent from all patients and approval from the Ethics Committee of Peking university, Third hospital, leftover subcutaneous adipose tissue was obtained from 7 patients with femoral neck fracture (mean age 66 years, range 56–78) undergoing routine total hip joint replacement. To isolate hASC, adipose tissue was dissected and washed extensively with phosphate-buffered saline (PBS) to remove contaminating debris and red blood cells, then digested with 0.1% type I collagenase (Sigma-Aldrich, St Louis, MO, USA) at 37 °C and shaken at 170 rpm for 45 min. Enzyme activity was neutralized with Dulbecco's modified Eagle's medium (DMEM, GibcoBRL, Grand Island, NY, USA) containing 10% fetal bovine serum (FBS) and centrifuged at 800×g for 10 min to obtain a high-density cell pellet and remove the mature adipocytes. The pellet was resuspended in DMEM and filtered through a 100 µm nylon mesh to remove cellular debris. After incubation overnight at 37 °C in 5% CO₂ in DMEM supplemented with

10% FBS, 100 units/mL sodium penicillin, and 100 µg/mL streptomycin, the plates were washed extensively with PBS to remove residual non-adherent red blood cells. The culture medium was changed every 2–3 d. To expand cell numbers, dense cell plaques were trypsinized and re-plated until they formed confluent monolayers that were then trypsinized and passaged into duplicate flasks.

Flow cytometry analysis hASC grown for 5 passages were characterized by flow cytometry. 1×10^6 cells were trypsinized and centrifuged at 1500 r/min for 5 min. The cells were then washed with PBS and fixed in 3% paraformaldehyde for 30 min at 4 °C for blocking. Unlabeled monoclonal mouse anti-human CD45 and CD29 were purchased from Pharmingen (San Diego, CA, USA). Fluorescein isothiocyanate (FITC)-labeled mouse anti-human CD14 and CD90 were purchased from Serotec (Oxford, UK).

The following procedure was performed for staining with CD45 and CD29: the cells were incubated with the primary antibodies for 60 min. After wash, the cells were incubated with FITC-conjugated goat antimouse immunoglobulin for 30 min. CD14 and CD90 staining was performed in a single step during which cells were incubated with FITC-labeled CD14 and CD90 for 60 min. Cell fluorescence was evaluated by flow cytometry (FACSCalibur, BD Biosciences, Mountain View, CA, USA) with an excitation of 488 nm and analyzed with CELLQuest software (BD Biosciences, San Jose, CA, USA). Mouse isotype antibodies served as the controls (BioLegend, San Diego, CA, USA).

Pellet culture For the preparation of each pellet, hASC of passage 5 were trypsinized, counted and resuspended in the chondrogenic DMEM containing 10 ng/mL hTGF beta2, 1×10^{-7} mol/L dexamethasone, 6.25 µg/mL insulin, and 50 µg/mL ascorbate-2-phosphate. Aliquots of 1×10^6 cells were spun down at 500×g in 15 mL conical tubes. Pellets were divided into 2 experimental groups (hTGF beta2-treated and untreated controls). The cells were cultivated at 37 °C in a humidified atmosphere with 5% CO₂ for 14 d by changing the medium every 2 d. The cells in the monolayer culture were also used as the negative control.

Release of cells from pellets After 14 d of induction, the cells were digested with trypsin for 5 min and then with 0.2% crude type II collagenase (Life Technologies, Rockville, Maryland, USA) in DMEM for 1 h. Released cells were reseeded onto the prepared coverslips. Twenty-four hours after seeding, the cells were fixed in 4% paraformaldehyde and prepared for histological and immunohistochemical analysis.

RT-PCR analysis The cell pellets were treated with Trizol reagent (Invitrogen, Carlsbad, CA, USA). Extracted cellular

RNA was dissolved in RNase-free water. Reverse transcription was carried out using the Kit (SuperScriptIII, Invitrogen, USA). 1 µg RNA was used for the first strand cDNA synthesis in a total volume of 20 µL. The regimen for PCR was 5 min at 94 °C followed by the appropriate number of cycles of 5 s at 94 °C, 30 s at the proper annealing temperature for each primer pair, and 30 s at 72 °C, with a final 7 min extension at 72 °C. The reaction was also carried out with GAPDH as the housekeeping gene. Amplified PCR products were analyzed by ethidium bromide staining after gel electrophoresis. The primers for the following human cDNA are indicated in Table 1.

Western blot analysis Six pellets from variant conditions were washed twice with PBS and lysed in the lysis buffer [20mmol/L Tris-HCl, pH 7.4, 150mmol/L NaCl, 1 mmol/L ethylene diamine tetra acetic acid (EDTA), 1 mmol/L ethylene glycol tetra acetic acid (EGTA), and 1 mmol/L phenylmethanesulfonyl fluoride (PMSF)]. After centrifugation at 18000×g for 20 min, the supernatant was collected and protein concentrations were determined by bicinchoninic acid (BCA) assay (Pierce, Rockford, USA). Equal protein samples were separated by electrophoresis in 10% polyacrylamide gels (Bio-Rad, Hercules, CA, USA) and electrophoretically transferred to a supported nitrocellulose membran (Amersham Pharmacia, Biotech UK Limited, UK). The membranes were blocked in 5% non-fat milk diluted with Tris-buffered saline containing 0.1% Tween-20 (TBST) for 2 h and incubated overnight at 4 °C with mouse monoclonal antibodies against type II collagen, type X collagen, and β-actin (Sigma-Aldrich, St Louis, MO, USA) at a dilution of 1:500 in blocking buffer, respectively. The membranes were then washed 3 times for 10 min each with TBST and incubated for 1 h in the dark with the appropriate IRDye™ 800-conjugated secondary antibodies (LI-COR Bioscience Inc, USA) prepared in TBST/5% non-fat milk. The signal was detected using the Odyssey Imaging System (LI-COR Bioscience Inc, USA).

Preparation of alginate beads The cells released from the induced cell pellets were prepared for alginate beads. hASC were resuspended in 1.2% low-viscosity alginate (Sigma-Aldrich, USA) solution in 0.9% NaCl at a concentra-

tion of 1×10⁶, 5×10⁶ and 1×10⁷ cells/mL, respectively. Alginate beads were formed by expressing 50 µL cell suspension through a 16-gauge needle into a bath of 102 mmol/L CaCl₂. The beads were allowed to gel for 10 min at room temperature. Once hardened, they were washed 3 times with 0.9% NaCl, and overlaid with culture medium (DMEM containing 10% FBS, 100 units/mL sodium penicillin, and 100 µg/mL streptomycin). The alginate beads were prepared and implanted 24 h later for the *in vivo* study.

Animal surgeries For the *in vivo* evaluation, 12 4–6-week-old female BALB/C nude mice (Peking University Experimental Animal Center, Beijing, China) were used. All animal experiments were performed in accordance with the institutional animal guidelines. Before implantation, the mice were anesthetized with ketamine (50 mg/kg) administered intraperitoneally using the sterile technique. Subcutaneous pockets were created on the dorsum of each mouse. Cell pellets after induction were cautiously placed inside the pockets. Each pocket received 4 alginate beads with the same implanted cell concentration. The location of each implant was randomized and recorded. The skin pockets were closed using Vecryl suture.

Cell pellets were harvested 2 or 4 weeks after surgery; alginate beads were explanted 12 weeks after *in vivo* culture. The animals were sacrificed with an inflation of CO₂ atmosphere; the constructs were carefully removed and fixed in 4% paraformaldehyde for at least 24 h.

Histological and immunohistochemistry analysis The cell pellets and explants harvested from the nude mice were fixed, dehydrated, and subsequently embedded in paraffin. The sections (5 µm thick) were stained with HE. Chondrogenesis was evaluated with toluidine blue staining and immunohistochemical analysis for type II collagen. Briefly, following deparaffinization and rehydration, the sections were incubated for 10 min with 0.1% toluidine blue (Sigma-Aldrich, St Louis, MO, USA) in 0.1 mol/L sodium acetate buffer (pH 4.0) to visualize the tissue proteoglycans. For the immunohistochemical analysis of type II collagen, the sections were incubated for 10 min with newly diluted 3% H₂O₂ solution to destroy internal peroxidases, followed by trypsin digestion

Table 1. Primers used for RT-PCR analysis and expected sizes of PCR products.

	Forward	Reverse	Size/bp
Aggrecan	5'-GCAGAGACGCATCTAGAAATTG-3'	5'-GGTAATTGCAGGGAACATCATT -3'	504
Collagen II alpha I	5'-CTGCTCGTCGCCGTGTCCTT-3'	5'-AAGGGTCCCAGGTTCTCCATC -3'	225
Collagen X alpha I	5'-CACTACCCAACACCAAGACAC-3'	5'-GTTTCCCTACAGCTGATGGTC-3'	222
GAPDH	5'-ACCACAGTCCATGCCATCAC -3'	5'-TCCACCACCTGTTGCTGTA -3'	452

for 10 min. After digestion, the slides were incubated for 20 min with normal goat serum for blocking. The slides were then immunoblotted with a goat anti-human polyclonal antibody against type II collagen (Santa Cruz, CA, USA) overnight at 4 °C. Incubation with biotin-labeled rabbit anti-goat IgG for 30 min was followed by a 10 min incubation with horseradish peroxide-conjugated streptavidin (SP kit, Vector Laboratories, Burlingame, CA, USA). After several washes, antibody binding was visualized using diaminobenzidine and the nuclei were counterstained with hematoxylin. The reaction was stopped by immersion in water. hASC grown on the coverslips were fixed and carried the same procedure to detect the chondrogenic phenotype. Specimens were processed using identical protocols, but without the primary antibodies were used as the negative control; human articular cartilage was used as a positive control.

Results

Characterization of hASC from subcutaneous adipose tissue Within 2–3 passages after the initial plating of the primary culture, hASC appeared as a monolayer of large, flat cells. They approached confluence and assumed a more spindle-shaped, fibroblastic morphology. Flow cytometry analysis of hASC of passage 5 demonstrated that the cells lacked CD14 and CD45, but the majority expressed CD29 and CD90 (Figure 1).

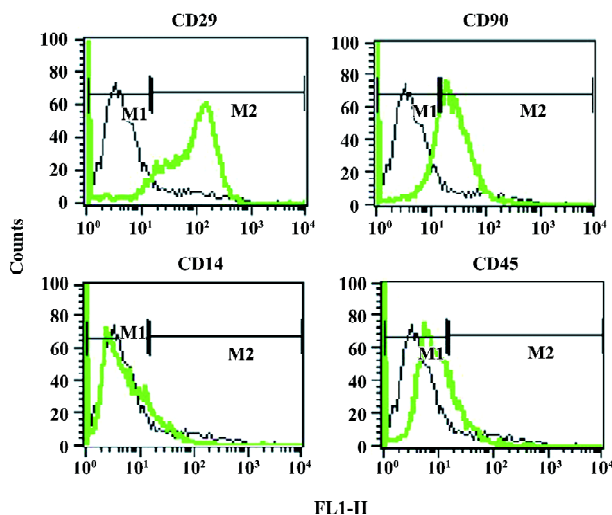


Figure 1. Phenotypic characterization of hASC of passage 5. Representative flow cytometry analysis of cultured hASC with monoclonal antibodies against CD29, CD90, CD14, and CD45. The majority of hASC were positive for CD29 and CD90. Only a small fraction of the cells expressed CD14 and CD45.

Chondrogenic differentiation of hTGF beta2-treated hASC in the pellet culture *in vitro* Chondrogenic marker genes were analyzed by RT-PCR; the analysis using total RNA was performed at 7 and 14 d after induction. As shown in Figure 2, the expression of the chondrocyte marker genes, type II collagen, and aggrecan were detected after 7 d of induction. The expression continued throughout the culture period. Type X collagen mRNA transcription, which indicates the presence of hypertrophic chondrocytes, was not observed during the culture periods in any of the groups. Collagen type II production was also demonstrated by Western blot analysis at 7 and 14 d time points (Figure 3).

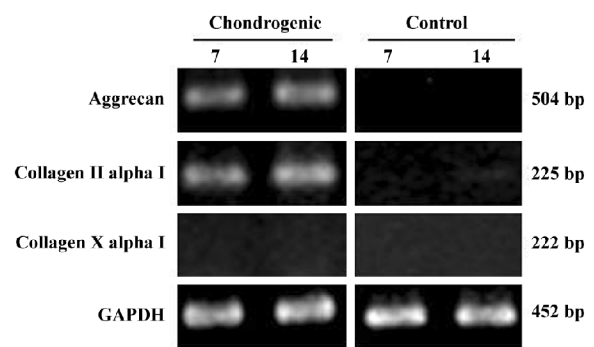


Figure 2. RT-PCR analysis of chondrogenic induction in pellet culture *in vitro*. Chondrogenic marker genes. Collagen type II alpha I and aggrecan were detected after 7 d of induction, and the expression continued throughout the culture period. This was not observed in the pellets with control medium.

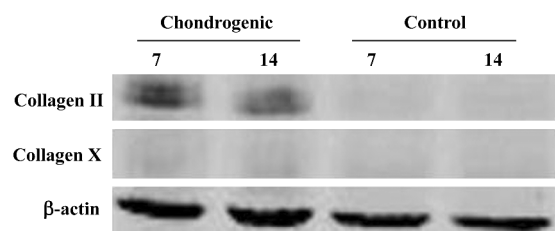


Figure 3. Collagen type II and type X expression detected by Western blotting. Expression of collagen type II was demonstrated by Western blotting at different time points in the pellets with chondrogenic medium, but not in pellets with control medium. Collagen type X was not detected in both the chondrogenic and control groups.

Two weeks after induction, positive clone staining with toluidine blue confirmed glycosaminoglycan (GAG) biosynthesis in the cell pellets. The presence of type II collagen was demonstrated by immunohistochemistry staining (Figure 4). When the cell pellets were digested into single cell suspension and reseeded in the monolayer, the ASC

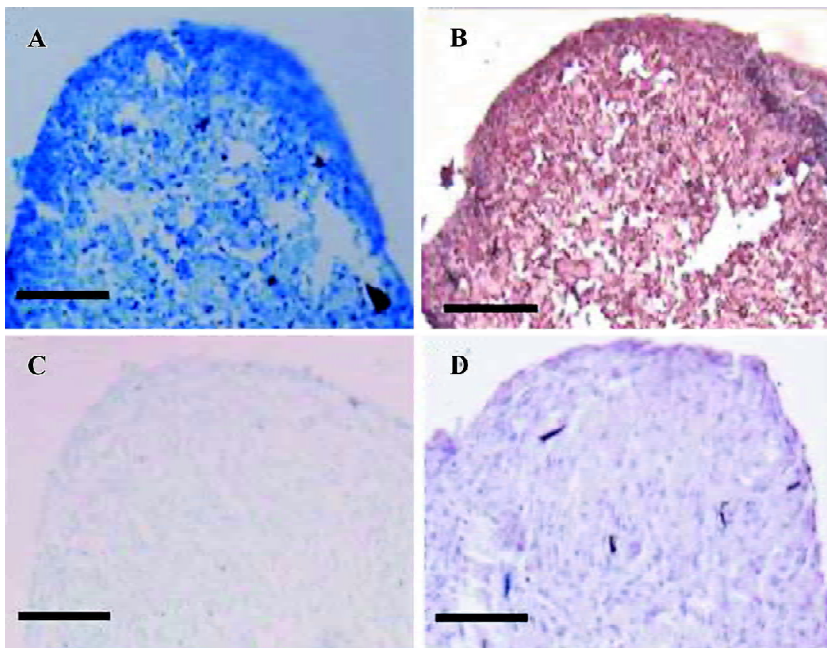


Figure 4. Histological and immunohistochemistry analysis of pellet culture *in vitro*. (A) Toluidine blue staining of hTGF beta2 treated cell pellets. (B) Type II collagen was also detected by immunohistochemical staining. (C,D) No obvious positive staining in control pellets. Scale bars represent 250 μ m.

displayed a polygonal and triangle morphology compared with the primary spindle shape (Figure 5A, 5B). The pellets with control medium and hASC cultured in monolayer culture did not show any obvious evidence of chondrogenesis. In all immunohistochemical analyses, specimens examined with secondary antibody alone failed to demonstrate any immunoreactive protein.

Predifferentiated hASC embedded in alginate gel produced neocartilage *in vivo* The cell pellets retrieved at 2 weeks became much smaller than their original size. Moreover, invasions of fibrous tissues and angiogenesis were found (Figure 6A, 6B). The specimens were weakly stained with toluidine blue (Figure 6C) and immunohistochemistry against type II collagen (Figure 6D) as compared with the pellets before implantation. Four weeks after *in vivo* culture, no implants were identified macroscopically at the site of subcutaneous implantation, and neither cartilage nor bone formation was detected at histological examination.

Cartilage formation of the predifferentiated hASC embedded in alginate gel was demonstrated by histological and immunohistochemistry examination. HE staining revealed that hASC appeared to be round and encased in lacunae (Figures 8B, 9B). Toluidine blue staining was positive and consistent with the presence of GAG around the cells (Figures 8C, 9C). The presence of collagen type II was revealed by positive staining of immunohistochemistry with collagen type II specific antibody (Figures 8D, 9D). The quality of neocartilage was obviously influenced by the implanted cell concentration. When the implanted cell concentration was 1×10^6 /mL, large amounts of fibrous tissues and angiogenesis invaded into the constructs, and only scattered islands of cartilage were observed (Figure 7A, 7B). When the cell concentration was 5×10^6 /mL, the integrity of the gel was separated by relatively limited invaded tissues (Figure 8A). Little fibrous tissues were detected when the implanted cell concentration reached 1×10^7 /mL and the constructs displayed a

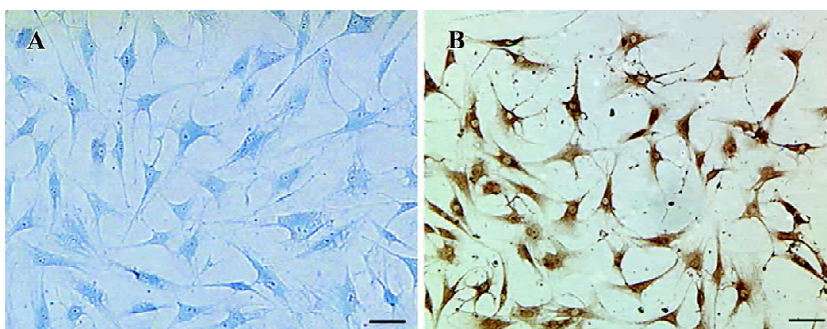


Figure 5. Histological and immunohistochemistry analysis of single hASCs released from cell pellet. When reseeded in the monolayer, hASCs appeared a polygonal and triangular morphology. Biosynthesis of glycosaminoglycan and collagen type II were evidenced by positive staining of toluidine blue (A) and immunohistochemistry (B). Scale bars represent 100 μ m.

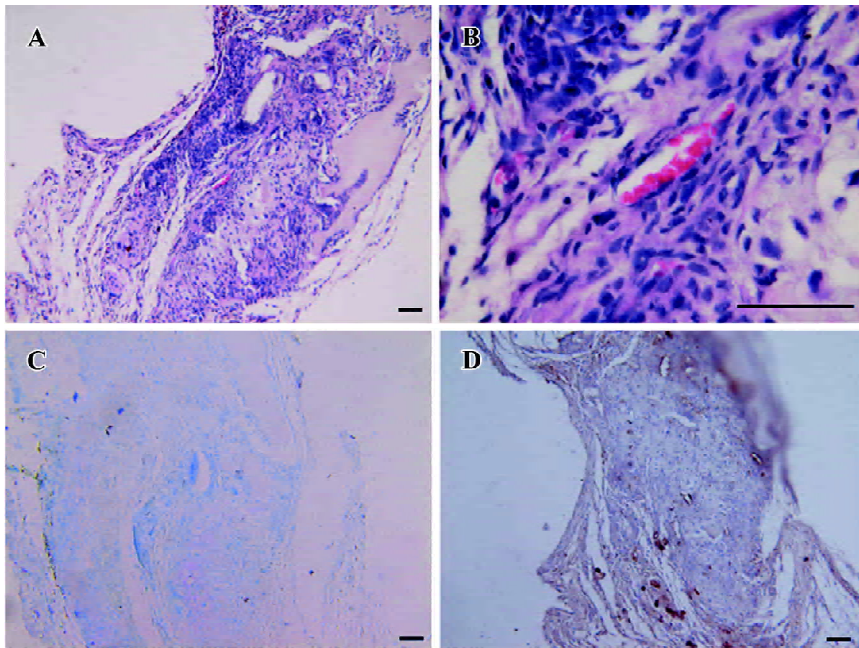


Figure 6. Histological and immunohistochemistry analysis of intact cell pellets after *in vivo* culture. (A) HE staining revealed that residual cell pellets were surrounded by fibrous tissues. (B) Invasions of angiogenesis were found among the tissues. (C) Histochemical analysis revealed them to be weakly stained with toluidine blue. (D) Only dotted positive staining of immunohistochemistry for collagen type II was found. Scale bars represent 100 μm .

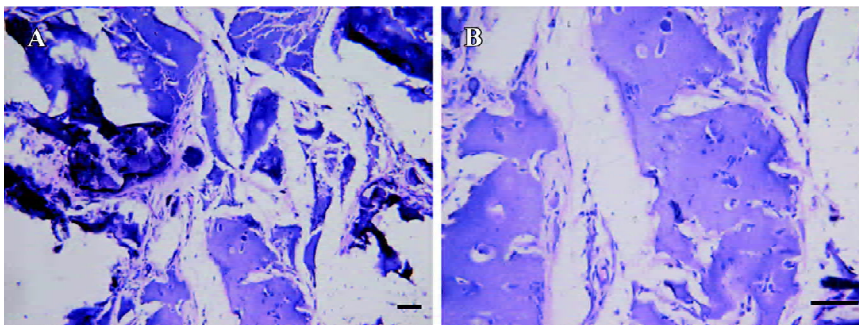


Figure 7. Histological analysis of induced hASC embedded in alginate after *in vivo* culture. (A, B) When the implanted cell concentration = $1 \times 10^6/\text{mL}$, large amounts of fibrous tissues and angiogenesis invasion were observed in the constructs after 12 weeks *in vivo* culture. Scale bars represent 100 μm .

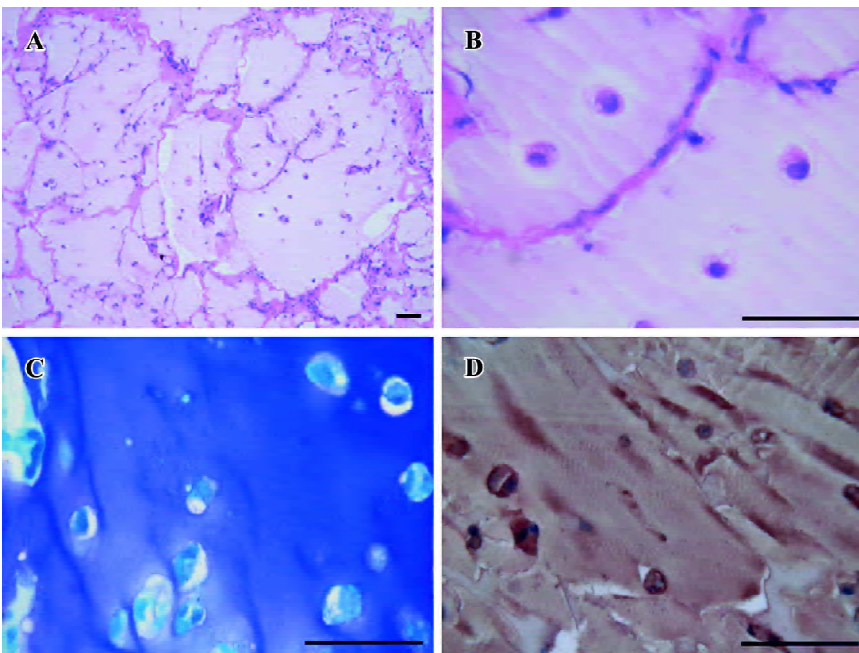


Figure 8. Histological and immunohistochemistry analysis of induced hASC embedded in alginate after *in vivo* culture. When the implanted cell concentration reached $5 \times 10^6/\text{mL}$, (A) The integrity of the gel was separated by relatively limited invaded tissues. (B) hASC appeared to be round and encased in lacunae. (C) Toluidine blue staining was positive, consistent with the presence of GAG around the cells. (D) The presence of collagen type II was also demonstrated by positive staining of immunohistochemistry with collagen type II specific antibody. Scale bars represent 100 μm .

typical cartilage structure (Figure 9A). In immunohistochemistry staining, the control sections processed using identical protocols, but without primary antibodies, showed negative labeling in all cases.

Discussion

Chondrogenic potential of hASC makes them a possible source of seeding cells for cartilage tissue engineering. In the present study, hASC were successfully isolated from the human subcutaneous adipose tissue. Although we could not confirm that all harvested cells were stem cells, it is possible that small amounts of pericytes, endothelial cells, and smooth muscle cells were included. An examination of expressed surface proteins revealed the presence of CD29 and CD90, but a small fraction of the cells expressed CD14 and CD45. A similar profile is found in human bone marrow stromal cells^[23].

Our study demonstrated that hASC could be induced into chondrocyte-like phenotype combining pellet culture system and hTGF beta2 treatment *in vitro*. However, this predifferentiation did not guarantee ectopic cartilage formation *in vivo* unless the alginate gel was used as the cell carry scaffold, which is an appropriate 3-D scaffold, and certain implanted cell concentrations were required for the *in vivo* cartilage formation of the predifferentiated hASC.

TGF beta2 is regarded as an “activator”-like molecule in chondrogenic pattern formation^[22]. Researchers also revealed that TGF beta2 treated dedifferentiated chondro-

cytes expressing GAG and collagen type II and recovered their cartilage phenotype^[24,25]. Perichondrium-derived progenitor cells cultured in medium with insulin growth factor-I (IGF-I) plus TGF beta2 produced a cartilage-specific matrix and showed evidence of chondrogenic potential^[26]. Wang reported that transfection with pcDNA3.1(+)/hTGF beta2 stimulated both the short- and long-term induction of bone marrow-derived mesenchymal progenitor cells into a chondrogenic lineage^[27]. All these findings indicate that TGF beta2 plays important roles in chondrogenic pattern formation; however, there have been few reports on the influence of hTGF beta2 on the chondrogenic differentiation of hASC. In this study, chondrogenic induction of the hASC in pellet culture induced by hTGF beta2 was confirmed by (i) the upregulation of mature chondrocyte markers, collagen type II, and aggrecan 7 d after induction revealed by RT-PCR analysis; (ii) the positive staining of toluidine blue specific for highly sulphated proteoglycans characteristic of cartilaginous extracellular matrix (ECM); (iii) the collagen type II production revealed by Western blot analysis and positive staining of immunohistochemistry the principal constituents of cartilage ECM; and (iiii) the single cell released from the cell pellets that appeared to be polygonal and triangular after being reseeded in monolayer. Collagen type II and aggrecan are believed to be specific to articular cartilage which are known to be expressed during chondrogenesis of mesenchymal progenitor cells^[28,29]. The results presented here implicated that hTGF beta2 treatment could initiate or enhance the chondro-lineage differentiation of hASC in pel-

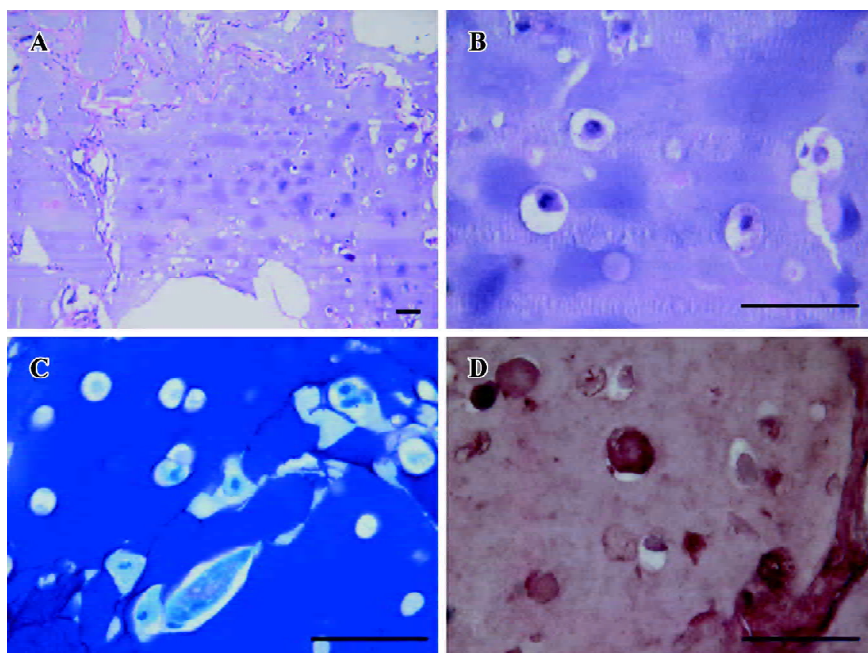


Figure 9. Histological and immunohistochemistry analysis of induced hASC embedded in alginate after *in vivo* culture. When the implanted cell concentration reached 1×10^7 /mL, (A) Little fibrous tissue invasion and large masses of cartilage-like tissue formation were observed. (B) hASC were encased in lacunae surrounded by basophilic ECM. (C, D) The presence of GAG and collagen type II were demonstrated by positive staining of toluidine blue and immunohistochemistry. Scale bars represent 100 μ m.

let culture *in vitro*. One interesting finding in the study was that after culture in the monolayer with chondrogenic media, hASC tended to aggregate and formed small spheroids, but no signs of chondrogenic differentiation were detected. These combined findings demonstrate that the condensed environment of pellet culture and bioactive hTGF beta2 both contribute to the chondrogenesis of hASC *in vitro*.

Transplantation of multipotent adult stem cells implies risks because of their uncertain differentiation ability. Predifferentiation *in vitro* has been regarded as a useful step for inducing specific lineage commitment and reducing the risk of undesired tissue formation. To determine the stability of chondrocyte-like phenotype of hASC obtained *in vitro*, the cell pellets after induction were implanted in subcutaneous pockets of the nude mice. The results revealed that they rapidly lost the chondrocyte phenotype and could not resist the fibrous tissues and angiogenesis invasion. This was also reported by De Bary who found that *in vitro*-differentiated mesenchymal stem cells from the synovial membrane could not form ectopic stable cartilage *in vivo*^[30]. It was implied that predifferentiation *in vitro* was not sufficient to guarantee stable lineage commitment and restriction of differentiation; however, hASC embedded in alginate gel kept their ability of synthesizing aggrecan and collagen type II after several months in *in vivo* culture. These differences may be explained by the biophysical environment which alginate gel provides. Alginate itself constitutes a relatively containing environment, and the cells in alginate hydrogel were embedded in lacunae like chondrocytes being surrounded by specific ECM. This 3-D environment may be superior in keeping the chondrogenic phenotype compared with the pellet culture system *in vivo*. Another significant demonstration in this study is that certain cell density is required for the cartilage formation ability of the predifferentiated hASC *in vivo*. A low implanted concentration (1×10^6 /mL) in the alginate gel could not resist the fibrous tissues invasion. Alginate gel integrity was separated into pieces by large amount of fibrous tissues, and as the cell density increased, less invasion was observed, and the structure of the neocartilage became similar to the native cartilage. The results implied that a specific threshold level was required for *in vivo* cartilage tissue formation by the predifferentiated hASC in alginate gel. High quality cartilage was obtained only when the cell concentration reached a definite level. Based on the results in our study, an implanted cell concentration of 1×10^7 /mL or higher was recommended. Alginate hydrogels have been extensively used as a biomaterial scaffold in chondrogenic induction of stem cells and to regenerate cartilage tissue^[17,18,31-36]; however, as far as the future

clinical application is concerned, alginate gel alone as a cell carrier scaffold cannot stand mechanical loading nor surgical handling; an ideal biomaterial is required to provide initial strength to the graft.

Chondrogenesis of stem cells may therefore be determined by the microenvironment of the cells, including secreted factors, integral membrane proteins, and the extracellular matrix^[37]. In this regard, subcutaneous implantation actually is not an optimal site for cartilage formation. Wakitani^[38] *et al* demonstrated that osteochondral progenitor cells from rabbit bone marrow, when transplanted into an osteochondral defect, formed bone in the side adjacent to the bone marrow and generated new cartilage in the side abutting joint cavity. The author pointed out that the diarthrodial joint provided a good microenvironment for cartilage formation. The fate of *in vitro* predifferentiated hASC seeded in alginate gel when implanted in the diarthrodial joint cavity is unknown; however, high quality tissue-engineered cartilage is expected.

In summary, our study demonstrated chondrogenesis of hASC *in vitro* could be induced by combining pellet culture and hTGF beta2 treatment. Predifferentiated hASC embedded in alginate gel had the ability of producing neocartilage *in vivo*. The results implied important functional considerations for autologous hASC in the treatment of articular cartilage injuries. However, animal models of joint surface defect repair are needed to evaluate potential use of hASC and their phenotypic behavior within the articular cartilage microenvironment.

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